



return²play
Part of Meliora Medical Group

Head Injury & Concussion Care

Redefining the Gold-Standard



About us.

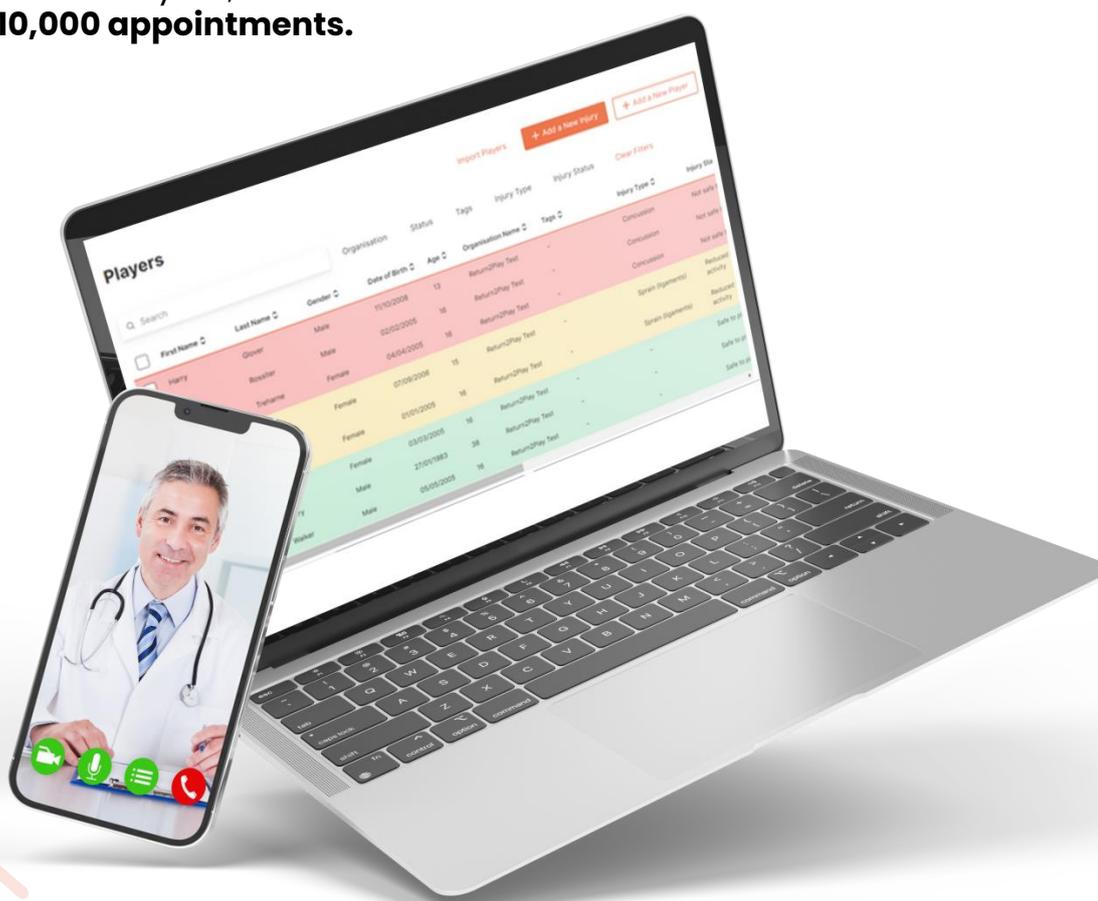
Redefining the gold-standard in head injury and concussion care.

At Return2Play, our highest priority is the well-being of pupils. Our specialist **head injury & concussion care service** provides 7-day-a-week, unlimited access to our team of highly experienced clinicians who are experts in their field.

Our doctor-led medical team comprises over 60 professionals who are on hand to ensure that every individual receives prompt attention and guidance throughout their recovery journey. Our innovative model makes it easy and affordable for patients to follow a return-to-sport pathway that goes above and beyond the latest government guidance. Last year, we undertook **over 10,000 appointments.**

Return2Play's innovative online injury management system allows schools to document injuries, automatically communicate to parents and staff, and track a pupil's recovery. All appointments are accessed via our webcam clinic system to allow maximum convenience.

Our comprehensive service led by a medical team with unrivalled experience means you can have peace of mind knowing that the health and well-being of your loved ones are in the best possible hands.



Our Head Injury & Concussion Care Service



Concussion Cover

Pupils have access to unlimited appointments with the UK's most experienced concussion experts. Convenient and accessible appointments in our 7 days-a-week online clinics mean no more waiting times.



Medical Support

Designated specialists and sports doctors to support school medics with advice, policies and queries.

First Name	Last Name	Gender	Date of Birth	Age	Organisation Name	Tags	Injury Type	Injury Status	Injury Site
Harry	Blair	Male	11/02/2008	13	ReturnPlay Test	-	Concussion	Not safe	
Jan	Reacher	Male	02/02/2005	16	ReturnPlay Test	-	Concussion	Not safe	
Luke	Tranah	Female	04/04/2005	16	ReturnPlay Test	-	Concussion	Not safe	
Ashia	Cartier	Female	07/05/2008	15	ReturnPlay Test	-	Spinal Segment	Reduced activity	
Sam	Edgerton	Female	05/01/2005	16	ReturnPlay Test	-	Spinal Segment	Reduced activity	
Ashia	Blair	Female	08/03/2005	16	ReturnPlay Test	-	-	Safe to play	
Tom	Henry	Male	27/01/1983	36	ReturnPlay Test	-	-	Safe to play	
Charlie	Walker	Male	05/05/2005	16	ReturnPlay Test	-	-	Safe to play	

R2P Injury Management System

Easily record, track and manage your pupil's injuries in just 60 seconds, on desktop, tablet or mobile. Keep up to date with your pupil's recoveries with automated updates after every appointment; view details of any current or old injuries at the click of a button; and run reports to analyse your pupil's injuries at any time you want.

Taking the admin burden out of managing your pupil's injuries.

Our Head Injury & Concussion Care Service



E-modules & Education

E-modules to equip staff, medics, parents and pupils with the knowledge and skills to correctly identify concussion, understand the potential impact on learning and how to maximise player recovery.



Injury Analysis

Quickly download analysis and reports on your injury data to share with colleagues. Great for Health & Safety meetings.



What challenges does our service solve?

The Challenges

Poor Advice

Concussions are serious injuries that should be treated by specialists. Pupils often get inconsistent advice from A&E and GPs.

Limited Access

Accessing expert medical care can be hard. Pupils with suspected concussions don't always get the care they need or spend unnecessary time off sport waiting to be cleared.

Lack of Communication

Communication between the pupil, parent, school and sports clubs can be an administrative burden. Meaning injuries can be missed and pupils may return to sport before it's safe to do so.

Low Awareness

Awareness around head injuries and concussions is often low amongst coaches, parents and pupils. Meaning concussions may be missed or incorrectly managed.

Mental Health

Concussions can affect a pupil's physical, mental and emotional health. Affecting them at home, in the classroom and on the sports field.

Our Solutions

Expert Advice

Our medical team are some of the UK's leading experts. They undertook 10,000 appointments last year. They provide bespoke care that ensures consistency with the guidelines.

Unlimited Access

We provide appointments from the same day of injury meaning that pupils can get the care they need, or avoid unnecessary time off sport if they haven't suffered a concussion.

Automated Notifications

The R2P System automatically communicates injury updates to every stakeholder involved in the pupil's care.

Education

Our e-modules empower staff, raise awareness and knowledge and allow you to evidence the education of your school community.

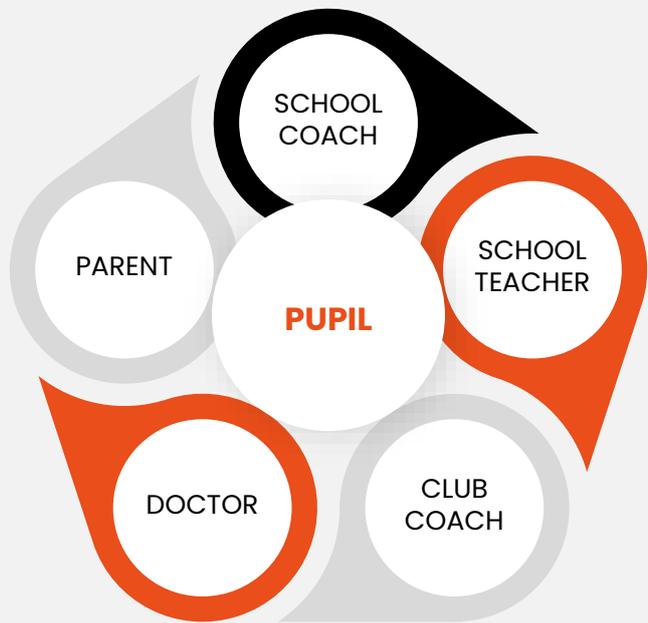
Peace of Mind

Our medical expertise and daily clinics means pupils get the holistic care and guidance they need beyond just the sports field.

How does it work?

Our service is designed to the pupil at the centre of their care.

Ensuring they get the gold-standard care they deserve.



01

Injury

A pupil suffers a head injury.

Log

The school records the injury on the R2P System and automated notifications are sent to all stakeholders in that pupil. *

02

Book

The pupil and parents are sent a link to book an online appointment with Return2Play's medical team. Available 7 days-a week.

03

Appointment

The pupil and parents attend the appointment. Automated recovery updates are sent to all stakeholders after every appointment.

04

Clearance

Pupils have as many follow-up appointments as they need before being signed off as fit to return to sport.

05

*R2P System accessible via web-app on phones, tablets and computers.

What are the key benefits?

For Pupils & Parents:

- Access to concussion experts.
- Unlimited appointments, 7 days-a-week, at convenient times.
- No delays in return to sport.
- Improved knowledge and awareness of the injury.
- Peace of mind.



For Medical Centres:

- Support from Sports Doctors & Concussion Clinical Specialists.
- Injury Management System to reduce admin and automate communication.
- Improved knowledge from training & education.
- Reassurance & Confidence.



For the School:

- Assurance their pupils are receiving gold-standard care.
- Injury Management System to reduce admin and automate communication.
- Risk mitigation.
- Demonstration of welfare excellence to parents.
- Peace of mind.



For Sports Staff:

- Safer environment to coach.
- Confidence that all pupils are well looked after.
- Improved injury knowledge and awareness.
- Easier conversations with parents.



How much does it cost?



Recommended Option – 'Whole School'

Price discounted from standard £30/player, dependent on number of pupils, and fixtures. In this model, the school gets:

- Concussion Cover for all pupils;
- R2P Injury Management System;
- E-modules for staff, parents and pupils;
- Medical support;
- Injury data analysis.

£0
Cost to
Parents:

**Please
ask for a
quote.**
Cost to
School:

Alternative Option – 'Parent Pay'

Parents are asked to pay £30/year on an opt-out basis. With this model the school gets:

- Concussion Cover for all pupils signed up;
- R2P Injury Management System;
- E-modules for staff, parents and pupils;
- Medical support;
- Injury data analysis.

**£30 per
player**
Cost to
Parents:

£0*
Cost to
School:

Who do we work with?

We work with over 100 Schools & Clubs, with the full list available on our website.



Oundle School



RUGBY SCHOOL



CRANLEIGH
EX CULTU ROBUR



BRIGHTON
COLLEGE



Barnard Castle



ST JOSEPH'S
COLLEGE



St John's School
LEATHERHEAD



H A R R O W
S C H O O L



Marlborough
College



Prior Park
College



EASTBOURNE
COLLEGE



ST. EDWARD'S
OXFORD



WARWICK
SCHOOL



ELTHAM
COLLEGE



BERKHAMSTED



Wellington
SCHOOL

Did you know?



Slow Recovery

Research suggests that up to **20%** of concussions will have persistent symptoms at 3 weeks post-injury. Less than **5%** of our patients report ongoing issues at 3 weeks which is almost certainly due to good early advice and close management by our medical team.

U14 & U15

age groups sustained the highest number of concussion with almost 60% of senior school injuries occurring in these years



"It's not a rugby injury"

23



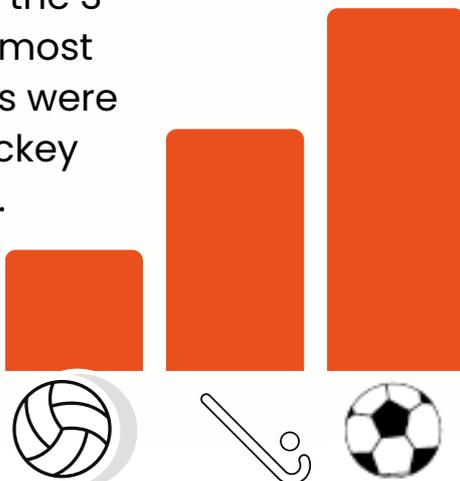
In total, there were concussions recorded sustained across 23 different sports.

Non-Sport

22%

of concussions occurred from **non-sporting incidents.**

After rugby, the 3 sports with most concussions were football, hockey and netball.



1 in 5

In nearly 1 in 5 cases (17.8%), our clinicians were able to reassure that a concussion was unlikely to have been sustained and the child could return to normal activity.



Concussion: Return to Activity & Sport Pathway.

Following a head injury, there are widely-accepted guidelines in place that a pupils should follow before they return to full sporting activity. Below is the pathway that Return2Play's medical team follow to ensure the safety of each player and compliance with the widely accepted guidelines.

Time since injury (earliest day)	Activity Level
0-2 days	Relative rest
<i>Medical Assessment to confirm diagnosis and give recovery advice</i>	
3-7 days	Light activity Gentle walks etc. <i>Activity level shouldn't leave you breathless</i>
8 days onwards	Low risk exercise & training Gradual increase in self-directed exercise – running, stationary bike, swimming, supervised weight training etc. <i>Focus on fitness</i> Can introduce static training drills (eg passing/kicking). Only drills with NO predictable risk of head injury
<i>R2P Doctor Assessment to assess fitness to start a formal return to sport and advise on timeframes</i>	
15 days onwards	Gradual return to sports training Starting with non-contact and gradually building up complexity and intensity. Introduction of contact in the final stages
<i>R2P Doctor Assessment to assess fitness to return to unrestricted sport, including matches</i>	
Day 21	Earliest return to competitive sport/matches



What do our Partners say about us?



“Partnering with Return2Play enhances the safety and welfare of our pupils. I commend it to you without hesitation.”
Deputy Head, Trinity School



“Return2Play do a fantastic job managing all of our sports medicine services at Harrow. Couldn't be happier.”
Head of Rugby, Harrow School



“Fantastic service - excellent people and resources that has enabled us as a school to manage concussion injuries with ease and peace of mind for all parties - students, staff and parents.”
Medical Team, Haileybury College



www.return2play.org.uk

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