



Meliora
Medical
Group

School Medicine Service

**The UK's Leading Medical Partner
for Schools**

The UK's Leading Medical Partner for Schools

A Care Quality Commission Registered Company



Who are we?

Meliora Medical Group is the UK's leading medical partner for schools.

Our two services are our **Schools Medicine Service** and our **Sports Medicine Service**, which operates as 'Return2Play'.



Our **School Medicine Service** combines our intimate knowledge and experience of how schools run with our medical expertise. We work with the school to create their ideal, bespoke medical package.

This package looks to improve every facet of health and wellbeing at the school.

The UK's Leading Medical Partner for Schools

A Care Quality Commission Registered Company



Who are we?

Our Medical Team are led by Dr Alex Maxwell and Dr Sam Barke. They are supported by a team with over 15 years experience in the education sector.

Dr Alex Maxwell - Head of Medical Services

A practising GP, sports medic and lifestyle medic, Alex is currently the Harrow School doctor, London Director of the British Society for Lifestyle Medicine and sits on the Executive Committee for the Health in Education Association (part of the Boarding Schools Association).



Dr Sam Barke - Head of Sports Medicine

Sam is an experienced sports doctor who is seen as a leading voice on concussion in youth sport, a topic on which he presents nationally and internationally. He works as a sports doctor for multiple leading UK schools, as well as professional teams such as Harlequins, London Irish and Wasps.



The UK's Leading Medical Partner for Schools

A Care Quality Commission Registered Company



What do we do?

Our **School Medicine Service** is tailored to each school based on their needs. This package can include, but is not limited to, these 5 key areas:

1. Medical Care for Boarding Students
2. Medical Care for Staff
3. Sports Medicine
4. Medical Leadership
5. Health & Wellbeing Services

1. General Medical Care for Boarding Students

- New student medicals.
- Assessment and management of acute physical health issues.
- Assessment and management of acute mental health issues.
- Ongoing management of longer-term physical and mental health issues.
- Referring, when appropriate, to NHS and private specialists.
- Prescribing and reviewing medications.

The UK's Leading Medical Partner for Schools

A Care Quality Commission Registered Company



What do we do?

2. Medical Care for Staff

- Acute medical issues where not being able to access this service would impact the staff member's ability to do their job and therefore the students learning.

3. Sports Medicine

- Sports clinics with assessment and management of acute and longer term Musculoskeletal injuries.
- Referral and communication with physiotherapist, strength and conditioning coach and sports staff to ensure optimal rehabilitation and return to sport.
- Pitch-side sports doctor cover.
- Sports scholar injury prevention program.
- Injury surveillance and liaising with staff to reduce injury rates.
- Staff, pupil and parent annual concussion education.
- The full Return2Play Concussion Care service.

Full details on the Return2Play Concussion Care service can be found in the separate "Concussion Care" Information Pack.

The UK's Leading Medical Partner for Schools

A Care Quality Commission Registered Company



What do we do?

4. Medical Leadership

- Directly supporting the healthcare staff at the school with clinical matters.
- Supporting all staff at the school involved with health and wellbeing.
- Supporting medical staff to pursue and improve their CPD.
- Advising the management team on matters of health and wellbeing in the school.
- Working with the management team to create a culture of excellence in health and wellbeing in the school.

5. Health & Wellbeing Services

- PSHEE involvement.
- Taking an active role in pastoral, psychological and wellbeing committees/groups.
- Advising on matters of lifestyle – sleep, nutrition, physical activity, relationships, mental health and harmful substances – to optimise the health of the school population.

The UK's Leading Medical Partner for Schools

A Care Quality Commission Registered Company



Who do we work with?

Our School Medicine Service is currently being used by **Harrow School** and **Whitgift School**. Across all of our services we work with 60+ schools including the below. A full list can be found on our website.



Cranleigh School



Dollar Academy



Fettes College



Haileybury College



Harrow School



King Edward VI
Southampton



Leicester Grammar
School



Norwich
School



Oakham School



Reigate
Grammar



RGS Guildford



Reed's School



St John's
Leatherhead



Trinity School



Whitgift School



Worth School

The UK's Leading Medical Partner for Schools

A Care Quality Commission Registered Company

References

The following have kindly agreed to be contacted about our services and their experience:

Dr Stephen Harrison - Head of Pastoral Care,
Harrow School

📞 sah@harrowschool.org.uk 📞 020 8872 8000

Adrian Norris - Deputy Headmaster, Whitgift School

📞 ago@whitgift.co.uk 📞 020 8688 9222

Sinéad O'Grady - Head Nurse, Harrow School

📞 ogradysd@harrow
school.org.uk 📞 020 8872 8000

The UK's Leading Medical Partner for Schools

A Care Quality Commission Registered Company





Meliora
Medical
Group

www.melioramedicalgroup.co.uk

info@melioramedicalgroup.co.uk

The UK's Leading Medical Partner for Schools

A Care Quality Commission Registered Company

